

Due to an FDA recall of magnesium citrate, if you have been advised to use this for your colonoscopy preparation, please follow the below:

1. Take 2 Dulcolax pills instead of initial magnesium citrate
2. Complete MiraLAX recommendations within the prep brochure
3. If still not clear then either: 2 more Dulcolax pills and/or additional 4 doses of MiraLAX in 32 oz of clear liquid

For more information on the recall, please visit the website <https://www.fda.gov/safety/recalls-market-withdrawals-safety-alerts/vi-jon-llc-expands-voluntary-nationwide-recall-magnesium-citrate-saline-laxative-oral-solution-lemon>

If you have any questions regarding how to prep or questions about this, please send us a portal message or call 207-773-7964 option 4, Monday – Friday 8:30 – 4:30.