

## Preparation for the test

### Food & Drink

Your doctor will provide you with preparation instructions before your examination. An empty stomach allows optimal viewing conditions so the recommended instructions include a clear liquid diet after lunch the day prior to the examination and nothing to eat or drink, including water, for approximately 10 hours before the small bowel examination.

### Medications

Tell your doctor in advance about any medications you take as you might need to adjust your usual dose for the examination.

### Medical History

Inform your doctor of your medical history, including if you have a pacemaker or other electromedical devices, any previous abdominal surgery, swallowing problems or previous history of obstructions in the gastrointestinal tract.

### Your procedure is scheduled for:

---

---

### Instructions from physician or nurse:

---

---

### For additional information call:

---



[www.givenimaging.com](http://www.givenimaging.com)

### Risk Statement

Be sure to discuss the potential risks, contraindications, complications and benefits of PillCam SB with your physician.

The risks of PillCam® capsule endoscopy include capsule retention, aspiration and skin irritation. After ingesting the PillCam capsule and until it is excreted, patients should not be near any source of powerful electromagnetic fields, such as one created by an MRI device. Endoscopic placement may present additional risks. Medical, endoscopic or surgical intervention may be necessary to address any of these complications, should they occur. Please consult your physician or refer to [www.givenimaging.com](http://www.givenimaging.com) for detailed information.

Copyright ©2001-2013 Given Imaging Ltd. GIVEN, GIVEN & Design, PILLCAM, PILLCAM & Logo, RAPID, RAPID ACCESS, BRAVO, BRAVO PH SYSTEM, DIGITRAPPER, MANOSCAN, MANOSHIELD, MANOVUE, GASTROTRAC, GEROFLEX, VERSAFLEX, ACCUTRAC, ACCUVIEW, POLYGRAF ID, SMARTPILL, MOTILIGI, SMARTBAR, and THE MEASURE OF GI HEALTH are Trademarks and/or Registered Trademarks of Given Imaging Ltd., its subsidiaries and/or affiliates in the United States and/or other countries. All other company or product names are the trademarks or registered trademarks of their respective holders. All rights not expressly granted are reserved.

5-001-729

## PillCam® SB Capsule Endoscopy



### A patient-friendly way to visualize your small bowel

- Convenient
- Reliable results
- No sedation or radiation exposure



**GIVEN**  
IMAGING

This brochure is intended to supplement the direction and explanations from your doctor regarding the ingestion of a PillCam SB capsule. It does not replace your doctor's care, advice and specific instructions regarding the preparation for your procedure.



## What is PillCam SB?



Anatomy of the Small Bowel

Your doctor may determine that a capsule endoscopy of the small intestine (also known as the small bowel) is necessary for further evaluation of your GI condition. PillCam SB is a capsule that you swallow that takes pictures of your small intestine, the organ located between your stomach and large intestine. For this procedure, your doctor will have you ingest the capsule that is about the size of a multi-vitamin, which contains its own camera and light source.

Read this brochure to learn about the procedure and get answers to commonly asked questions. Feel free to ask your doctor or nurse any additional questions you may have.



## How it works

After you have completed your doctor's recommended preparation, a tiny, wireless camera - contained in an easy-to-swallow and disposable capsule - captures images as it travels naturally through your small intestine.

The images are transmitted to a recorder that you will wear on a strap across your body. You will either wear sensors on your stomach or a sensor belt to help transmit the images.

Since there is no need for sedation, once you swallow the PillCam capsule, you can leave the doctor's office and go about your normal activities.

You will be able to eat four hours after the capsule ingestion, unless your doctor instructs you otherwise.

At the end of the procedure, the recorder and sensors will be removed and returned to your doctor.



## Answers to your questions

### How long does the procedure take?

You will typically spend approximately 30 minutes at your physician's office to start the procedure. Once the sensors or sensor belt are placed on your abdomen, the recorder is connected, and you have swallowed the capsule, you can leave the office to go about your normal activities. The test can last up to 12 hours.

### What happens after I return the recorder and sensors to my doctor?

The images captured during your exam will be downloaded to a computer and your doctor will view a color video of these pictures. After the doctor has reviewed the video, you should be contacted with the results.

### Will I feel any pain or discomfort from the capsule?

No. You should not feel any pain or discomfort when swallowing it or while it moves through your GI tract. The capsule is disposable and passes naturally with your bowel movement.